

## Hot heroes 12"

Add vodka sauce to Any hero...1.50

- Chicken Parmigiana Hero.....11.75
- Meatball Parmigiana Hero.....10.75
- Peppers and Egg.....10.95
- Shrimp Parmigiana.....11.99
- Italian Hot Dog.....11.25
- Chicken cheesesteak.....11.75

- Philly Cheesesteak.....11.75
- Eggplant Parmigiana Hero.....10.75
- Sausage Parmigiana Hero.....10.95
- Sausage Peppers and Onions.....11.25
- Veal Parmigiana Hero.....11.75

## Cold Hero's 12"

- Italian Hero.....11.75
- Ham,Salami,Capicola and Provolone, Oil and vinegar or mayo

- Chicken Cutlet Hero.....11.75
- Lettuce,tomatoes, onions,oil and vinegar or mayo

- Tuna Hero.....10.00
- Lettuce,tomatoes,red onions,mayo

- Grilled Chicken Hero.....11.75
- lettuce,tomatoes,onions oil and vinegar or mayo

- Turkey Hero.....10.00
- lettuce,tomatoes,oil and vinegar or mayo

- Turkey & Cheese.....10.00
- american,provolone,swiss cheese Lettuce, tomatoes and mayo

All Cold Hero's Come with Lettuce onions and tomato Oil vinegar or mayo

## Signature Hero's

- 1.Broccoli Rabe Hero.....11.95
- Potatoes and fried sausage on garlic bread

- 2.Veal Cutlet Hero.....13.95
- Grilled Eggplant,Fresh mozzarella And Arugula with house vinaigrette

- 3.Grilled Chicken Hero.....11.95
- Broccoli di rabe ,sun-dried Tomatoes and provolone cheese

- 4.Chicken Cutlet Hero.....11.95
- Roasted peppers fresh mozzarella and pesto

- 5.Grilled Eggplant Hero.....11.95
- Grilled portobello,roasted peppers and arugula with Balsamic vinaigrette

- 6.Grilled steak Hero.....12.95
- Sauteed onions,mushrooms and melted mozzarella on garlic bread

## Focaccia Sandwiches

- 7.Prosciutto.....12.95
- Fresh mozzarella,fresh tomatoes, Roasted peppers and arugula With house vinaigrette

- 8.Sauteed Spinach.....11.95
- Sun-dried tomatoes, red onions Olives and Feta cheese with Balsamic vinaigrette

- 9.Chicken Cutlet.....12.95
- Ham,fresh tomatoes and Melted mozzarella cheese With honey mustard

- 10.Grilled Eggplant.....11.95
- sun-dried tomatoes Fresh mozzarella arugula and pesto

- 11.Chicken Cutlet.....12.95
- Broccoli rabe fresh mozzarella and roasted peppers

- 12.Grilled portobello.....11.95
- roasted peppers hard provolone and mixed greens with balsamic vinaigrette

## Burgers

- Bacon and Avocado Burger...\$11.95
- With french fries lettuce Tomatoes onions and American cheese

- Classic Burger.....7.00
- Lettuce tomatoes and cheese

- R&J,Burger.....\$11.95
- arugula,red onions roasted peppers and mozzarella with french fries on focaccia bread

## Seafood

Choice of pasta and vegetable

- Broiled Salmon with potato & vegetable.....21.95

- Salmon Capricciosa.....23.95
- Grilled salmon topped with fresh Bruschetta
- Shrimp Scampi.....20.95
- Over linguini
- Shrimp Francese.....20.95
- Over linguini

- Shrimp parmigiana.....20.95
- Over linguini
- Shrimp Marinara.....20.95
- Over linguini
- Shrimp Fra Diavolo.....20.95
- Over linguini and spicy sauce

## Wrap

- 13.Tuna Fish Wrap.....8.25

- 14.Grilled Cajun Chicken Wrap.....11.95
- Mixed greens,diced tomatoes Red onions and cucumbers With ranch dressing

- 15.Crispy Chicken Wrap...11.95
- Lettuce,tomatoes red Onions and cucumbers With ranch dressing

- 16.Grilled Eggplant wrap...9.95
- Fresh mozzarella,fresh tomatoes And arugula with balsamic vinaigrette

- 17.Prosciutto wrap.....11.95
- Arugula fresh mozzarella and Roasted peppers with House vinaigrette

- 18.Buffalo Chicken wrap...11.95
- Mixed greens,tomatoes cucumbers And red onions with blue cheese

- 19.Caesar wrap choice wheat or white With grilled chicken.....10.95
- With grilled shrimp.....12.95

- 20.Turkey,Ham,Bacon & Lettuce,tomatoes and onions Swiss Wrap.....11.95
- Lettuce,tomatoes and onions

- 21.Grilled Chicken Grilled & Portabella Wrap.....12.95
- Roasted peppers,fresh mozzarella and arugula With balsamic vinaigrette

- 22.Chicken Cutlet wrap...11.95
- Roasted peppers,fresh mozzarella and arugula With balsamic vinaigrette

- 23.philly Cheesesteak wrap...11.95
- mozzarella peppers Onions and ketchup

- 24.Greek Style grilled Chicken wrap.....11.96
- romaine,tomatoes red Onions,olives feta with House vinaigrette

- 25.Club wrap.....11.95
- Grilled chicken lettuce Mozzarella and mayo

## Tuscan Grilled Panini

- Grilled Eggplant Panini.....10.95
- Sun Dried tomatoes,artichoke Hearts and mozzarella with pesto

- Turkey,Ham,Bacon Swiss Panini.....10.95
- With Honey mustard

- Grilled Chicken Panini...10.95
- Fresh mozzarella roasted peppers Arugula pesto and mayo

- Margherita Panini.....10.95
- fresh mozzarella,fresh tomatoes, basil and balsamic Glaze With prosciutto

- Cuban Panini.....10.95
- Ham,Swiss cheese pickles, Roasted pork, mustard and mayo

- Chicken Cutlet Panini...10.95
- prosciutto,lettuce,provolone cheese,sweet peppers,sundried tomato,pesto and mayo

## Regular Toppings

- Pepperoni,Sausage,Meatballs,Peppers,Onions,Mushrooms Ham,Salami,Bacon,Olives,Garlic,Hot Peppers Pineapple,Eggplant,Basil,Red Onions
- 16" whole...3.00...half...1.50
- 14" Whole...2.75...half...1.25

## Specialty Toppings

- Extra Cheese.....4.00
- Fresh Tomatoes & Basil...3.25
- Broccoli.....3.50
- Sauteed Shrimp.....10.00
- Spinach.....4.00
- Anchovies.....4.25
- Ricotta Cheese.....4.00
- Artichoke Hearts.....6.00
- Grilled Eggplant.....5.00

- Pesto.....4.00
- Fresh Mozzarella...8.00
- Grilled Portabella...5.00
- Roasted Peppers...6.00
- Chicken Cutlet.....6.00
- Sundried Tomatoes...5.25
- Broccoli di Rabe.....6.00
- Grilled Chicken.....6.00
- Grilled Eggplant.....5.00

## House Specialty Pizzas

- R&J Pizza.....16" ..22.95..14" ..19.95
- Pepperoni,sausage,meatballs,salami,peppers,onions,mushrooms, and Extra cheese

- Vegetarian Pizza.....16" ..22.95..14" ..19.95
- mozzarella,mushrooms,peppers,onions,Eggplant,broccoli,olive, and ricotta

- Bruschetta Pizza Pizza.....16" ..22.95..14" ..19.95
- Baked pizza shell with mozzarella topped with chopped fresh tomatoes salad fresh mozzarella red onions,basil and olive oil

- Chicken Scampi pizza.....16" ..22.95..14" ..19.95
- with white wine sauce chopped tomatoes

- Grilled Chicken Pizza.....16" ..22.95..14" ..19.95
- fresh tomatoes,roasted peppers,mozzarella and Basil

- Chicken pesto pizza.....16" ..23.95..14" ..20.95
- Mozzarella sauteed fresh tomatoes in garlic and olive oil grilled chicken Strips tossed in pesto,artichoke,basil

- White Pizza.....16" ..18.95..14" ..15.95
- mozzarella and herb ricotta

- Meat lover's pizza.....16" ..22.95..14" ..19.95
- pepperoni,meatballs,sausage,Bacon

- Chicken Francese pizza.....16" ..22.95..14" ..19.95
- chicken lemon butter sauce and cheese

- Parmigiana pizza Chicken or Eggplant...16" ..22.95..14" ..19.95

- Buffalo Chicken pizza.....16" ..22.95..14" ..19.95
- breaded chicken,tossed and buffalo sauce and cheddar mozzarella and blue cheese

- Greek pizza.....16" ..21.95..14" ..18.95
- Fresh tomatoes,sauteed red onions,black olives,spinach,mozzarella and feta cheese

- Primavera pizza.....16" ..21.95..14" ..18.95
- Fresh tomatoes,artichoke hearts,sun dried tomatoes,mozzarella and basil

- Rahway pizza.....16" ..22.95..14" ..19.95
- Grilled chicken,arugula,roasted peppers,mozzarella and balsamic Glaze

- Cheese Steak pizza.....16" ..22.95..14" ..19.95
- Steak,peppers,onions,potatoes,american and mozzarella cheese

- Chicken Marsala pizza.....16" ..22.95..14" ..19.95
- chicken,mushrooms,marsala sauce and mozzarella cheese

- Texas pizza.....16" ..21.95..14" ..19.95
- Spicy sausage jalapenos onions

- Shrimp Scampi pizza.....16" ..23.95..14" ..20.95
- With white wine sauce chopped tomatoes

- Margherita pizza.....16" ..21.95..14" ..18.95
- Plum tomato,fresh mozzarella cheese,basil, and olive oil

- Hawaiian pizza.....16" ..19.95..14" ..16.95
- Ham,pineapple,sauce,and mozzarella

- Chicken Bacon Ranch pizza.....16" ..21.95..14" ..18.95
- chicken,bacon,ranch and mozzarella cheese

- Chicken Savoy pizza.....16" ..22.95..14" ..19.95
- Chicken,roasted peppers,potatoes,garlic,balsamic and mozzarella cheese

- Chicken Caesar pizza.....16" ..22.95..14" ..19.95
- Baked pizza shell with mozzarella cheese

- Penne Vodka pizza pan style.....16" ..ONLY.....22.95

- Pan Style pizza.....16" ..ONLY.....21.95
- Herbed ricott,spinach,fried sausage,roasted peppers and mozzarella cheese

- Calzones.....9.50
- Add items \$1.50

- Strombolls.....12.75
- Your choice of 2 items and mozzarella cheese

## Pizza & Stuff

Pizza available in

- 16" Traditional .....13.95
- 16" Double Crust Round.....15.95
- 14" Traditional.....11.95
- 16" Pan.....14.95
- 16" Sicilian.....17.95
- 10" Gluten Free...10.95