

Hot heroes 12"

Add vodka sauce to Any hero...1.50

Chicken Parmigiana Hero.....11.75
Meatball Parmigiana Hero.....10.75
Peppers and Egg.....10.95
Shrimp Parmigiana.....11.99
Italian Hot Dog.....11.25
Chicken cheesesteak.....11.75

Philly Cheesesteak.....11.75
Eggplant Parmigiana Hero.....10.75
Sausage Parmigiana Hero.....10.95
Sausage Peppers and Onions..11.25
Veal Parmigiana Hero.....11.75

Cold Heroes 12"

Italian Hero.....11.75
Ham,Salami,Capicola and Provolone,
Oil and vinegar or mayo

Grilled Chicken Hero.....11.75
lettuce,tomatoes,onions oil and vinegar
or mayo

Chicken Cutlet Hero...11.75
Lettuce,tomatoes, onions,oil and vinegar,or mayo

Turkey Hero.....10.00
lettuce,tomatoes,oil and vinegar or mayo

Tuna Hero.....10.00
Lettuce,tomatoes,red onions,mayo

Turkey & Cheese.....10.00
american,provolone,swiss cheese Lettuce,
tomatoes and mayo

All Cold Hero's Come with Lettuce onions and tomato Oil vinegar or mayo

Signature Heroes

1.Broccoli Rabe Hero.....11.95
Potatoes and fried sausage on garlic bread

4.Chicken Cutlet Hero.....11.95
Roasted peppers fresh mozzarella and pesto

2.Veal Cutlet Hero.....13.95
Grilled Eggplant,Fresh mozzarella And
Arugula with house vinaigrette

5.Grilled Eggplant Hero.....11.95
Grilled portobello,roasted peppers and
arugula with Balsamic vinaigrette

3.Grilled Chicken Hero.....11.95
Broccoli di rabe ,sun-dried Tomatoes
and provolone cheese

6.Grilled steak Hero.....12.95
Sautéed onions,mushrooms and melted
mozzarella on garlic bread

Focaccia Sandwiches

7.Prosciutto.....12.95
Fresh mozzarella,fresh tomatoes Roasted
peppers and arugula With house vinaigrette

10.Grilled Eggplant.....11.95
sun-dried tomatoes Fresh mozzarella arugula
and pesto

8.Sauteed Spinach.....11.95
Sun-dried tomatoes red onions Olives and Feta
cheese with Balsamic vinaigrette

11.Chicken Cutlet.....12.95
Broccoli rabe fresh mozzarella and roasted
peppers

9.Chicken Cutlet.....12.95
Ham,fresh tomatoes and Melted mozzarella
cheese With honey mustard

12.Grilled portobello.....11.95
roasted peppers hard provolone and mixed
greens with balsamic vinaigrette

Burgers

Bacon and Avocado Burger...\$11.95
With french fries lettuce Tomatoes ,onions and
American cheese

R&J, Burger.....\$11.95
arugula,red onions roasted peppers and
mozzarella with french fries on focaccia bread

Classic Burger.....7.00
Lettuce tomatoes and cheese

Seafood

Choice of pasta and vegetable

Broiled Salmon with potato & vegetable.....21.95

Salmon Capricciosa.....23.95
Grilled salmon topped with fresh Bruschetta
Shrimp Scampi.....20.95
Over linguini
Shrimp Francese.....20.95
Over linguini

Shrimp parmigiana.....20.95
Over linguini
Shrimp Marinara.....20.95
Over linguini
Shrimp Fra Diavolo.....20.95
Over linguini and spicy sauce

Wrap

13.Tuna Fish Wrap.....8.25

14.Grilled Cajun
Chicken Wrap.....11.95

Mesclun greens,diced tomatoes Red onions
and cucumbers With ranch dressing

15.Crispy Chicken Wrap...11.95
Lettuce,tomatoes red Onions and cucumbers
With ranch dressing

16.Grilled Eggplant wrap..9.95
Fresh mozzarella,fresh tomatoes And arugula
with balsamic vinaigrette

17.Prosciutto wrap.....11.95
Arugula fresh mozzarella and Roasted peppers with
House vinaigrette

18.Buffalo Chicken wrap...11.95
Mixed greens,tomatoes cucumbers
And red onions with blue cheese

19.Caesar wrap choice wheat or
white With grilled chicken.....10.95
With grilled shrimp.....12.95

20.Turkey,Ham,Bacon &
Lettuce,tomatoes and onions
Swiss Wrap.....11.95

Lettuce,tomatoes and onions

21.Grilled Chicken Grilled &
Portabella Wrap.....12.95

Roasted peppers,fresh mozzarella and arugula
With balsamic vinaigrette

22.Chicken Cutlet wrap...11.95

Roasted peppers,fresh mozzarella and arugula
With balsamic vinaigrette

23.philly Cheesesteak wrap.. 11.95
mozzarella peppers Onions and ketchup

24.Greek Style grilled
Chicken wrap.....11.96

romaine,tomatoes red Onions,olives feta
with House vinaigrette

25.Club wrap.....11.95
Grilled chicken lettuce Mozzarella and mayo

Tuscan Grilled Panini

Grilled Eggplant Panini.....10.95
Sun Dried tomatoes,artichoke Hearts and
mozzarella with pesto

Turkey,Ham,Bacon
Swiss Panini.....10.95
With Honey mustard

Grilled Chicken Panini...10.95
Fresh mozzarella roasted peppers
Arugula pesto and mayo

Margherita Panini.....10.95
fresh mozzarella,fresh tomatoes, basil and
balsamic Glaze With prosciutto

Cuban Panini.....10.95
Ham,Swiss cheese,pickles, Roasted pork,
mustard and mayo

Chicken Cutlet Panini....10.95
prosciutto,lettuce,provolone cheese,sweet
peppers,sundried tomato,pesto and mayo

Regular Toppings

Pepperoni,Sausage,Meatballs,Peppers,Onions,Mushrooms
Ham,Salami,Bacon,Olives,Garlic,Hot Peppers Pineapple,Eggplant,Basil,Red Onions
16" whole..3.00..half..1.50 14" Whole..2.75..half..1.25

Specialty Toppings

Extra Cheese.....4.00
Fresh Tomatoes & Basil..3.25
Broccoli.....3.50
Sauteed Shrimp.....10.00
Spinach.....4.00
Anchovies.....4.25
Ricotta Cheese.....4.00
Artichoke Hearts.....6.00
Grilled Eggplant.....5.00

Pesto.....4.00
Fresh Mozzarella.....8.00
Grilled Portabella....5.00
Roasted Peppers....6.00
Chicken Cutlet.....6.00
Sundried Tomatoes...5.25
Broccoli di Rabe.....6.00
Grilled Chicken.....6.00
Grilled Eggplant.....5.00

House Specialty Pizzas

R&J Pizza.....16" ..22.95..14" ..19.95
Pepperoni,sausage,meatballs,salami,peppers,onions,mushrooms,and Extra cheese

Vegetarian Pizza.....16" ..22.95..14" ..19.95
mozzarella,mushrooms,peppers,onions,Eggplant,broccoli,olive,and ricotta

Bruschetta Pizza Pizza.....16" ..22.95..14" ..19.95
Baked pizza shell with mozzarella topped with chopped fresh tomatoes salad fresh
mozzarella red onions,basil and olive oil

Chicken Scampi pizza.....16" ..22.95..14" ..19.95
with white wine sauce chopped tomatoes

Grilled Chicken Pizza.....16" ..22.95..14" ..19.95
fresh tomatoes,roasted peppers,mozzarella and Basil

Chicken pesto pizza.....16" ..23.95..14" ..20.95
Mozzarella sauteed fresh tomatoes in garlic and olive oil grilled chicken Strips tossed in
pesto,artichoke,basil

White Pizza.....16" ..18.95..14" ..15.95
mozzarella and herbed ricotta

Meat lover,s pizza.....16" ..22.95..14" ..19.95
pepperoni,meatballs,sausage,Bacon

Chicken Francese pizza.....16" ..22.95..14" ..19.95
chicken lemon butter sauce and cheese

Parmigiana pizza Chicken or Eggplant...16" ..22.95..14" ..19.95

Buffalo Chicken pizza.....16" ..22.95..14" ..19.95
breaded chicken,tossed and buffalo sauce and cheddar mozzarella and blue cheese

Greek pizza.....16" ..21.95..14" ..18.95
Fresh tomatoes,sauteed red onions,black olives,spinach,mozzarella and feta cheese

Primavera pizza.....16" ..21.95..14" ..18.95
Fresh tomatoes,artichoke hearts,sun dried tomatoes,mozzarella and basil

Rahway pizza.....16" ..22.95..14" ..19.95
Grilled chicken,arugula,roasted peppers,mozzarella and balsamic Glaze

Cheese Steak pizza.....16" ..22.95..14" ..19.95
Steak,peppers,onions,potatoes,american and mozzarella cheese

Chicken Marsala pizza.....16" ..22.95..14" ..19.95
chicken,mushrooms,marsala sauce and mozzarella cheese

Texas pizza.....16" ..21.95..14" ..19.95
Spicy sausage jalapeños onions

Shrimp Scampi pizza.....16" ..23.95..14" ..20.95
With white wine sauce chopped tomatoes

Margherita pizza.....16" ..21.95..14" ..18.95
Plum tomato,fresh mozzarella cheese,basil,and olive oil

Hawaiian pizza.....16" ..19.95..14" ..16.95
Ham,pineapple,sauce,and mozzarella

Chicken Bacon Ranch pizza.....16" ..21.95..14" ..18.95
chicken,bacon,ranch and mozzarella cheese

Chicken Savoy pizza.....16" ..22.95..14" ..19.95
Chicken,roasted peppers,potatoes,garlic,balsamic and mozzarella cheese

Chicken Caesar pizza.....16" ..22.95..14" ..19.95
Baked pizza shell with mozzarella cheese

Penne Vodka pizza pan style.....16" ..ONLY.....22.95

Pan Style pizza.....16" ..ONLY.....21.95
Herbed ricotta,spinach,fried sausage,roasted peppers and mozzarella cheese

Grandma pizza.....16" ..ONLY.....22.95
Mozzarella fresh garlic basil and marinara

Calzones.....9.50
Add items \$1.50

Strombolis.....12.75
Your Choice of 2 items and mozzarella cheese

Pizza & Stuff

Pizza available in

16" Traditional15.95

16" Pan.....16.95

16" Double Crust Round.....17.95

16" Sicilian.....19.95

14" Traditional.....13.95

12" Gluten Free..14.95